

Feile Rince Cois Laoi

SUNDAY 11TH OCTOBER 2026

Cobh Great Island Community Centre

Cobh, Co. Cork

P24 WP82

ADJUDICATORS

Ms. Elaine Crean-Cannon (Dublin)

Ms. Doreen Tierney (Dublin)

Ms. Michelle Dolan (Dublin)

Ms. Darina Daniels (Waterford)

MUSICIAN

Mr. Stephen Walker (Clare)

REGISTRATION

Registration via RinceReg.com

Registration opens on Sunday 6th September

Registration closes on Sunday 4th October

ENTRY FEES

Registration Fee €8 (On Day €10)

Solos / Figures €5 (Per Dancer)

Open Set Dance €10

Cup/Trophy Competitions €10

Confined Reel €10

Open Championship (inc. Light & Heavy Solo) €25

CONTACT DETAILS

Michael Kelly, ADCRG

086 8116805

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Proceeds to Cork Penny Dinners

Chomhdhail Na Muinteoiri le Rince Gaelacha Teoranta

www.irishdancingorg.com

Feile Rince Cois Laoi - 2026

9.00AM SHARP	FLOOR 1	FLOOR 2	FLOOR 3	9.00AM UPSTAIRS HALL
Beginner A Reel	U/8 & O/12	U/10	U/12	Beg A Reel U/6
Beginner A Light Jig	U/12	U/8 & Over 12	U/10	Beg A Light Jig U/6
Beginner A Slip Jig	U/10	U/12	U/8 & Over 12	Beg A Slip Jig U/6
Beginner A Single Jig	U/12	U/8 & O/12	U/10	Beg A Single Jig U/6
Beginner 2 Hand		U/10	O/10	Beg A Reel U/7
Beginner Light Cup	O/11	U/9	U/11	Beg Slip Jig U/7
Beginner A Heavy Jig	U/8	U/10	O/10	Beg A Light Jig U/7
				Beg A Single Jig U/7
RESULTS	Next Section Commencing At 11.00am			RESULTS
Beginner B Reel	U/8	U/10	Any Age	Beg B Reel U/7
Beginner B Light Jig	Any Age	U/9	U/11	Beg B Light Jig U/7
Beginner B Slip Jig	U/10	Any Age	U/8	Beg B Slip Jig U/7
Beginner B Single Jig	U/9	U/11	Any Age	Beg B Single Jig U/7
Beginner B Light Cup	U/11	O/11	U/9	Beg B Light Cup U/7
3 Hand	U/10	Any Age		Pre-Open Reel U/8
				Pre-Open Light Jig U/7
Beginner B Heavy Jig	Any Age	U/8	U/10	Pre-Open Slip Jig U/8
Beginner B Hornpipe	U/9	U/11	Any Age	Pre-Open Heavy Jig U/8
Trophy St. Patricks Day B	U/10	Any Age		Pre-Open Single Jig U/8
RESULTS	Next Section Commencing At 1.00pm			RESULTS
Beginner C Reel	U/9	U/11	Any Age	Open Set Dance U/10 6/8
Beginner C Light Jig	Any Age	U/9	U/11	Open Set Dance U/11 6/8
Beginner C Slip Jig	U/11	Any Age	U/9	Open Set Dance U/12 6/8
Beginner C Single Jig	U/9	U/11	Any Age	Open Set Dance U/14 6/8
Beginner C Light Cup	U/11	O/11	U/9	Open Set Dance U/16 2/4-4/4
Beginner C Heavy Jig	Any Age	U/9	U/11	Open Set Dance O/16 Any Set
Beginner C Hornpipe	U/11	Any Age	U/9	
Beginner C Heavy Cup	U/9	O/11	U/11	Please supply own music if speeds are not included in Beat App.
RESULTS	Next Section			
Open Reel	U/12	U/14	U/16 & U/17	
Open Slip Jig	U/10	U/13 & U17	U/15	
Open Hornpipe	U/10	U/12	U/14 & O/14	
Open Jig	U/12	U/15	O/15	
Trophy Open Trad Set	U/10	U/11	U/12	
Trophy Open Trad Set	U/13	U/15	U/14	
Trophy Open Treble Reel	U/12 U/15	U/10 U/13	U/11 U/15	
Champ Reel & Jig	U/9			
Champ Reel & Jig	U/10	Confined Reel U/14		
Champ Slip Jig & Jig	U/11	Confined Reel O/14		
Champ Reel & Hornpipe	U/12	Confined Reel U/10		
Champ Slip Jig & Jig	U/13	Confined Reel U/11		
Champ Reel & Hirnpipes	U/14	Confined Reel U/12		
Champ Slip Jig & Jig	U/15	All above are 1 Adjudicator Comp.		
RESULTS	Next Section Commencing At 4.30pm			
Pre-Open Reel	U/10 & U/12	U/11	U/13 & O/13	
Pre-Open Slip Jig	U/13 & O/13	U/10 & U/12	U/11	
Pre-Open Light Cup	U/11	U/13	U/15 & O/15	
Pre-Open Heavy Jig	U/10 & U/12	U/11	U/13 & O/13	

Pre-Open Hornpipe	U/9 & U15	U/11 & O/15	U/13
Pre-Open Treble Reel	U/14	U/10 & O/14	U/12
Pre-Open Heavy Cup	U/10	U/12	U/14 & O/14
RESULTS	Next Section Commencing At 5.45pm		
Open Slip Jig	U/16	U/18	O/18
Open Hornpipe	O/18		U/18
Trophy Open Trad Set	U/16	U/18	O/18
Trophy Open Treble Reel	O/18	U/16	U/18
Champ	U/16 Reel &Hornpipe	U/17 Slip Jig & Jig	O/17 Choice of Dances
RESULTS	FINISH		

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Terms & Conditions.

- Please Note that all Times are Approx. apart from starting time of 9.00am Sharp.
- Please ensure Dancers are ready to dance 30 minutes before stated times.
- Light Cup Competition A – Dancers must have danced in Beginner A Reel, Light Jig, Slip Jig, or Single Jig and must be Beginner A for the particular dance they perform.
- Light Cup Competition B – Dancers must have danced in Beginner B Reel, Light Jig, Slip Jig, or Single Jig and must be Beginner C for the particular dance they perform.
- Light Cup Competition C – Dancers must have danced in Beginner C Reel, Light Jig, Slip Jig, or Single Jig and must be Beginner C for the particular dance they perform.
- Heavy Cup Competition C – Dancers must have danced in Beginner C Heavy Jig or Hornpipe and must be Beginner C for the particular dance they perform.
- Pre-Open Light Cup Competition – Dancers must have danced in Pre-Open Reel or Slip Jig competitions and must be Pre-Open for the particular dance they perform.
- Pre-Open Trad Cup Competition – Dancers must have danced in Pre-Open Heavy Jig competition and must be Pre-Open for the particular dance they perform.
- **Confined Reel open to dancers who have never won a 3 Adjudicator Championship and are 1 Adjudicator Competitions**
- All Open Championships will be 3 Adjudicators.
- Children up to and including the age of 12 are prohibited from wearing face make-up.
- **Dancers must be properly attired while in the hall. Changing of Costumes is prohibited in the hall. Changing Rooms are provided.**
- **NO COACHING IS ALLOWED BY TEACHERS OR PARENTS WHILE DANCERS ARE PERFORMING.**
- No refund on unused entries.

- The use of any type of camera during competitions is forbidden. Photographs may be taken during prizegiving ceremonies.
- All competitors must wear their number positioned centre front, clearly displayed for the adjudicators.
- Trophies for 1st Prize in all Solo Competitions / Award trophies for Award Results.
- Sash's Designed by Geraldine Brennan (Designer and supplier to "Rose Of Tralee").
- Sash's for 1st Prize in Cup Competitions/Confined Reels.
- Sash's for 1st to 5th Prize in Open Championships.
- Competitions may be Added, Cancelled or Merged, depending on numbers.
- Cars parked at owners Risk.
- In 2Hands and 3 Hands all dancers must produce a disc. [Doubling up is not Free}