

# **SOUTH BELFAST OPEN CHAMPIONSHIPS**

**9<sup>th</sup>, 10<sup>th</sup> & 11th January 2026**

Comhdháil Na Múinteoirí le Rincí Gaelacha Cuideachta

Faoi Theorainn Ráthaíochta

[www.irishdancingorg.com](http://www.irishdancingorg.com)

**Proceeds in aid of**

**Friends** of the  
cancer centre

**Belfast City Hospital**

**Crowne Plaza Hotel**

**117 Milltown Road, Belfast, BT8 7XP**

## **ADJUDICATORS:**

Ms Anne Burke ADCRG	Dublin
Ms Sarah Costello Hyland ADCRG	Branch of the Americas
Ms Claire Dowling ADCRG	Wicklow
Mr Conor McCrystal ADCRG	West Tyrone
Mr John McKenna ADCRG	Scotland
Ms Sinead McLaughlin ADCRG	Belfast Regional
Ms Ciara Moan Wadsworth ADCRG	Newry

## **MUSICIANS:**

Mr Declan Wilson	Belfast
Mr Kevin Conway	Drumquin
Mr Ronan Wadsworth	Newry

## **ENTRY FEES:**

Registration:	£5 per dancer, £10 family
Solos:	£4
Set Dance:	£5
Cup Competitions/Confined Reels	£7
Championships:	£8

**Closing date for Entries strictly from Registered Teachers Only Sunday 21<sup>st</sup> December 2025**

## **ENQUIRIES:**

Alison Norney ADCRG	Tel: 07766001376
Nicola Henderson TCRG	Tel: 07739543699
Chloe Magee TCRG	Tel: 07928067126

## **ACCESSORY SHOPS**

Feis Mania Dance Shop  
Graceful Gifts by Donna

# Syllabus for South Belfast Open Championships 2026

## BEGINNER A

Under 5	Under 6	Under 7	Under 8
1a Introductory Reel	5a Introductory Reel	10a Introductory Reel	
1. Reel	5. Reel	10. Reel	15. Reel
2. Single Jig	6. Single Jig	11. Single Jig	16. Single Jig
3. Light Jig	7. Light Jig	12. Light Jig	17. Light Jig
4. Light Dance Cup Comp	8. Light Dance Cup Comp	13. Light Dance Cup Comp	18. Light Dance Cup Comp
	9. Heavy Jig	14. Heavy Jig	19. Heavy Jig

## BEGINNER B

Under 5	Under 6	Under 7	Under 8
20. Reel	24. Reel	29. Reel	34. Reel
21. Single Jig	25. Single Jig	30. Single Jig	35. Single Jig
22. Light Jig	26. Light Jig	31. Light Jig	36. Light Jig
23. Light Dance Cup Comp	27. Light Dance Cup Comp	32. Light Dance Cup Comp	37. Light Dance Cup Comp
	28. Heavy Jig	33. Heavy Jig	38. Heavy Jig

## BEGINNER A

Under 9	Under 10	Under 11	Over 11
39. Reel	44. Reel	49. Reel	54. Reel
40. Slip Jig	45. Slip Jig	50. Slip Jig	55. Slip Jig
41. Light Jig	46. Light Jig	51. Light Jig	56. Light Jig
42. Light Dance Cup Comp	47. Light Dance Cup Comp	52. Light Dance Cup Comp	57. Light Dance Cup Comp
43. Heavy Jig	48. Heavy Jig	53. Heavy Jig	58. Heavy Jig

## BEGINNER B

Under 9	Under 10	Under 11	Over 11
59. Reel	64. Reel	69. Reel	74. Reel
60. Slip Jig	65. Slip Jig	70. Slip Jig	75. Slip Jig
61. Light Jig	66. Light Jig	71. Light Jig	76. Light Jig
62. Light Dance Cup Comp	67. Light Dance Cup Comp	72. Light Dance Cup Comp	77. Light Dance Cup Comp
63. Heavy Jig	68. Heavy Jig	73. Heavy Jig	78. Heavy Jig

## PRE OPEN

UNDER 5 & UNDER 6			UNDER 7	UNDER 8
79. Reel	U5	79a. U6	84. Reel	89. Reel
80. Single Jig	U5	80a. U6	85. Single Jig	90. Single Jig
81. Light Jig	U5	81a. U6	86. Light Jig	91. Light Jig
82. Light Dance Cup Comp	U5	82a. U6	87. Light Dance Cup Comp	92. Light Dance Cup Comp
83. Heavy Jig	U5	83a. U6	88. Heavy Jig	93. Heavy Jig

## PRE OPEN

UNDER 9	UNDER 10	UNDER 11
94. Treble Reel	100. Reel	105. Reel
95. St Pat's Day	101. Slip Jig	106. Slip Jig
96. Light Jig	102. Light Jig	107. Light Jig
97. Heavy Jig	103. Heavy Jig	108. Heavy Jig
98. Reel	104. St Pat's Day/Blackbird Cup Comp	109. St Pat's Day/Blackbird Cup Comp
99. Light Dance Cup Comp (Reel/L/Jig)		

## PRE OPEN

UNDER 12	UNDER 13	UNDER 14
110. Reel	115. Reel	120. Reel
111. Slip Jig	116. Slip Jig	121. Slip Jig
112. Light Jig	117. Treble Reel	122. Treble Reel
113. Heavy Jig	118. Heavy Jig	123. Heavy Jig
114. St Pat's Day/Blackbird Cup Comp	119. Trad Set Dance Cup Comp	124. Trad Set Dance Cup Comp

## PRE OPEN

UNDER 15	UNDER 16	OVER 16
125. Reel	130. Reel	135. Reel
126. Slip Jig	131. Slip Jig	136. Slip Jig
127. Treble Reel	132. Treble Reel	137. Treble Reel
128. Heavy Jig	133. Heavy Jig	138. Heavy Jig
129. Trad Set Dance Cup Comp	134. Trad Set Dance Cup Comp	139. Trad Set Dance Cup Comp

# OPEN

UNDER 5 & UNDER 6			UNDER 7	UNDER 8
140. Reel	U5	140a. U6	145. Single Jig	150. Single Jig
141. Single Jig	U5	141a. U6	146. Light Jig	151. Light Jig
142. Light Jig	U5	142a. U6	147. Reel Cup Comp ** See Notes**	152. Reel Cup Comp ** See Notes**
143. Reel Cup Comp U5		143a. U6	148. Championship Reel & Heavy Jig **	153. Championship Reel & Heavy Jig **
144. Heavy Jig	U5	144a. U6	(148 a) Solo Reel (148 b) Solo Heavy Jig	(153 a) Solo Reel (153 b) Solo Heavy Jig
			149. St Pat's Day	154. St Pat's Day

# OPEN

UNDER 9	UNDER 10
155. Treble Reel	159. Treble Reel
156. St Patrick's Day	160. St Patrick's Day
157. Championship Heavy Jig & Reel	161. Girls Championship Heavy Jig & Reel
(157 a) Solo Heavy Jig	(161 a) Solo Heavy Jig
(157 b) Solo Reel	(161 b) Solo Reel
158. Confined Reel	162. Confined Reel
	163. Set Dance (Malone Suite)

# OPEN

UNDER 11	UNDER 12
164. Treble Reel	170. Treble Reel
165. St Patrick's Day/Blackbird	171. St Patrick's Day/Blackbird
166. Girls Championship Heavy Jig & Reel	172. Girls Championship Heavy Jig & Slip Jig
(166 a) Solo Heavy Jig	(172 a) Solo Heavy Jig
(166 b) Solo Reel	(172 b) Solo Slip Jig
167. Confined Reel	173. Confined Reel
168. Set Dance Malone Suite	174. Set Dance (Malone Suite)
<b>UNDER 11 BOYS</b>	
169. Boys Championships Heavy Jig & Reel	
(169 a) Solo Heavy Jig	
(169 b) Solo Reel	

# OPEN

UNDER 13	UNDER 14
175. Treble Reel	181. Treble Reel
176. Traditional Set Dance	182. Traditional Set Dance
177. Girls Championship Hornpipe & Reel	183. Girls Championship Jig & Slip Jig
(177 a) Solo Hornpipe	(183 a) Solo Jig
(177 b) Solo Reel	(183 b) Solo Slip Jig
178. Confined Reel	184. Confined Reel
179. Set Dance (Malone Suite)	185. Set Dance (Malone Suite)
<b>UNDER 13 BOYS</b>	<b>UNDER 15 BOYS</b>
180. Boys Championship Hornpipe & Reel	186. Boys Championship Heavy Jig & Reel
(180 a) Solo Hornpipe	(186 a) Solo Heavy Jig
(180 b) Solo Reel	(186 b) Solo Reel

**OPEN**

<b>UNDER 15</b>	<b>UNDER 16</b>
187. Treble Reel	192. Treble Reel
188. Traditional Set Dance	193. Traditional Set Dance
189. Girls Championship Hornpipe & Reel	194. Girls Championship Heavy Jig & Slip Jig
(189 a) Solo Hornpipe	(194 a) Solo Heavy Jig
(189 b) Solo Reel	(194 b) Solo Slip Jig
190. Confined Reel	195. Confined Reel
191. Set Dance (Malone Suite)	196. Set Dance (Malone Suite)
<b>UNDER 17</b>	<b>UNDER 18</b>
197. Treble Reel	202. Treble Reel
198. Traditional Set Dance	203. Traditional Set Dance
199. Girls Championship Hornpipe & Reel	204. Girls Championship Heavy Jig & Slip Jig
(199 a) Solo Hornpipe	(204 a) Solo Heavy Jig
(199 b) Solo Reel	(204 b) Solo Slip Jig
200. Confined Reel	205. Confined Reel
201. Set Dance (Malone Suite)	206. Set Dance (Malone Suite)

**OPEN**

<b>OVER 18 AGES SPLIT NUMBERS PERMITTING</b>	<b>UNDER 17 BOYS &amp; OVER 17 BOYS</b>
207. Treble Reel	212. Boys Championship U17 Hornpipe & Reel
208. Traditional Set Dance	(212 a) Boys Solo Hornpipe
209. Girls Championship Heavy Round & Light Round	(212 b) Boys Solo Reel
(209 a) Solo Heavy Jig/Hornpipe	213. Boys Championship O17 Jig/Hornpipe & Reel
(209 b) Solo Reel/Slip Jig	(213 a) Boys Solo Heavy Jig/Hornpipe
210. Confined Reel	(213 b) Boys Solo Reel
211. Set Dance (Malone Suite)	

## Feis Rules

- This Feis is run under the Rules of An Chomhdháil.
- Age as 1<sup>st</sup> January 2026.
- Dancers up to Under 12 are prohibited from wearing make-up. All dancers are prohibited from wearing glitter on their face.
- Dancers must be appropriately attired at all times. ***There is to be strictly no changing of costumes in the competition halls. Please use hotel facilities.***
- The An Chomhdháil social media and GDPR policy will apply during the competitions and presentations.
- Competitors must compete in at least one open solo, excluding the treble reel, to be eligible to compete in the Open Championship.
- Open Championships U7-U9, two rounds, adjudicated by one adjudicator.
- Open Championships (from U10 upwards) two rounds, adjudicated by three adjudicators.
- Confined Reels: Adjudicated by one adjudicator and will be danced separately.
- O18 Girls ages will be split numbers permitting. Please indicate age on entry form.
- Boys Championships U11, U13, U15, U17 and O/17.
- Open Dancers U7 & U8 may only compete in either the Championship or the Open Reel Cup, not both.
- Open Championships: Reel (48 bars).