



An Chomhdhail Muinteoiri na Rinci Gaelacha

(Under rules of An Chomhdhail - www.irishdancingorg.com)



Presenting the 5th annual



CENTRAL SCOTLAND CHAMPIONSHIPS

Saturday 4th and Sunday 5th of May

**Stirling County Rugby Football Club
Bridgehaugh Park, Stirling, FK9 5AP**

Adjudicators

Eavan D'Arcy – Dublin
tbc
tbc

Musician

Gerry Conlon – Glasgow
Martin Daly - Glasgow

Enquiries and Entries

Arlene McLaughlin ADCRG SG 07842222746

Yvonne Cannon ADCRG 07766834643

Kimberley Feeney TCRG – 07387695429

centralscotland.champs@hotmail.com

**Entries must be submitted on the official form, with fees, by
Sunday 31st March 2023. Bank details will be provided upon
receipt of entries form.**



Rules & Fees

1. The adjudicator's decision is final. Any issues will be dealt with by the Feis committee and must be received in writing, accompanied by a £30.00 administration fee.
2. Any form of communication with an adjudicator may render a competitor liable to disqualification.
3. The Feis Organiser reserves the right to amend the programme where necessary.
4. The Feis Organiser reserves the right to substitute the published adjudicator(s) should the need arise.
5. Ages will be taken as 1 January 2023 and proof of date of birth will be required if challenged.
6. Entries will only be accepted from a TCRG/ADCRG and will only be confirmed after full payment is received.
7. Competitors must be in full costume for the presentation of prizes.
8. No video cameras or still photographs to be taken during competitions. These may be used during prize giving.
9. All perpetual trophies must be returned annually, in time for the relevant competition.
10. Dancers are not permitted to change costumes in the hall. They may use a designated changing area or restroom.
11. This competition is registered with An Chomhdhail Muinteoiri Na Rinci Gaelacha and under the rules of the Scottish Branch.
12. All dancers are prohibited from wearing any form of glitter on their face.
13. No facial make up is permitted on competitors up to and including U12.
14. Class costume, skirt and blouse or trousers and shirt must be worn in all beginners' sections and in all sections up to and including U9.
15. If wearing a black skirt & top, dancers must wear black tights from u10 upwards
16. *Beginners Trophy's - Dancers must have performed in at least one beginner's solo competition in order to compete in the Cup Dance and can only perform any of the dances previously danced.
17. Numbers must be worn in the middle of the dancer's costume or waistcoat.
18. Competitors must have danced in at least one open dance excluding the two championship dances and the treble reel to be permitted to compete in the Championship.
19. Strictly no alcohol may be consumed in the hall.
20. Recall Set Dances will be time permitting.
21. Entries not submitted on the official entry form will be returned and not processed.



Beginners									
1A	Reel	U6	U7	U8	U9	U10	U11	U12	O12
1B	Reel	U6	U7	U8	U9	U10	U11	U12	O12
2A	Single Jig	U6	U7	U8	U9	U10	U11	U12	O12
2B	Single Jig	U6	U7	U8	U9	U10	U11	U12	O12
3A	Slip Jig	U6	U7	U8	U9	U10	U11	U12	O12
3B	Slip Jig	U6	U7	U8	U9	U10	U11	U12	O12
4A	Jig (Light)	U6	U7	U8	U9	U10	U11	U12	O12
4B	Jig (Heavy)	U6	U7	U8	U9	U10	U11	U12	O12
5	Cup Dance*	U6	U7	U8	U9	U10	U11	U12	O12

Pre-Open									
6	Reel	U6	U7	U8	U9	U10	U11	U12	O12
7	Single Jig	U6	U7	U8	U9				
8	Light Jig	U6	U7	U8	U9				
9	Slip Jig	U6	U7	U8	U9	U10	U11	U12	O12
10	Heavy Jig	U6	U7	U8	U9	U10	U11	U12	O12
11	Hornpipe					U10	U11	U12	O12
12	St Patrick's Day	U7		U9					
13	BlackBird					U10	U11	U12	O12
14	NCH	U6	U7	U8	U9	U10	U11	U12	O12

Open								
15	Reel	U6	U7	U8	U9	U10	U11	U12
16	Single Jig	U6	U7	U8	U9			
17	Light Jig	U6	U7	U8	U9			
18	Slip Jig	U6	U7	U8	U9	U10	U11	U12
19	Heavy Jig			U8	U9	U10	U11	U12
20	Hornpipe					U10	U11	U12
21	Treble Reel					U10	U11	U12

Open									
22	Reel	U13	U14	U15	U16	U17	U18	U19	O19
23	Slip Jig	U13	U14	U15	U16	U17	U18	U19	O19
24	Heavy Jig	U13	U14	U15	U16	U17	U18	U19	O19
25	Hornpipe	U13	U14	U15	U16	U17	U18	U19	O19
26	Treble Reel	U13	U14	U15	U16	U17	U18	U19	O19



Championships		
27	U6 Cup Dance	<i>Reel</i>
28	U7 Cup Dance	<i>Reel & Single Jig</i>
29	U8 Cup Dance	<i>Reel & Single Jig</i>
30	U9 Cup Dance	<i>Reel & Heavy Jig</i>
31	U10 Championship	<i>Reel & Heavy Jig</i>
32	U11 Championship	<i>Reel & Heavy Jig</i>
33	U12 Championship	<i>Reel & Heavy Jig</i>
34	U13 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
35	U14 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
36	U15 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
37	U16 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
38	U17 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
39	U18 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
40	U19 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>
41	O19 Championship	<i>Reel, Hornpipe & Recall Set Dance</i>

Other Competitions	
42	U16 Linda Taylor Memorial Cup*
43	U8/U10/U12/O12 Boys Championship
44	U8/U10/U12/O12 Outside Scotland
45	U9/U12/U15/O15 2 Hand
46	U9/U12/U15/O15 4 Hand (from book or invented)
47	U9/U12/U15/O15 6 Hand (From Book)
48	U9/U12/U15/O15 Ceili

*This competition will be a Heavy Jig step along the line. All proceeds from this competition will be donated to MacMillan Cancer Support.

MACMILLAN
CANCER SUPPORT

Please be aware that cups are to be returned by Sunday 10th March 2023. We will be present at St Francis Feis to take cup returns. Please contact Arlene, Yvonne or Kimberley if this will not be possible to make alternative arrangements.

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Fees			
Solo	£4.00	Family fee	£55.00 (2 dancers) £60.00 (3 dancers) £65.00 (4+ dancers)
NCH/Cup	£4.50	Hall levy	£4.00
Championship	£5.00	Family Hall Levy	£8.00
Figure	£1.50	Max Individual Fee	£46.00 + Hall Levy

Provisional running order – Up to U12 on Saturday, U13 and over on Sunday.

Here are some links to hotels located near the venue:

[Premier Inn Stirling City Centre, FK8 1QZ](#)

[Holiday Inn Express Stirling, FK7 7XH](#)

Edinburgh Airport is a 35-minute drive away from Feis venue. Stirling Train Station is accessible via tram and train links direct from the airport. Glasgow Airport is a 50-minute drive from the venue and is accessible via Bus and train.

Profits from the Central Scotland Championships 2024 will be donated to St Andrew's Hospice, in memory of Claire Rooney.



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